



*Your On Campus Connection to Resources  
in the Community*

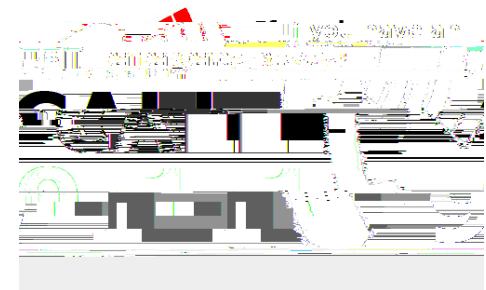
## *Crisis Support Resources*

*A Crisis can be defined as a situation where we are beyond our resources to cope or deal with the situation.*

*In these cases, it is important to reach out to get the information and support needed to be able to deal with the crisis so that it doesn't affect other areas of our life. The resources in this brochure can help you when you find yourself in a crisis.*

*Counselors are available in the ES Building on a walk-in basis to assist students experiencing a crisis.*

*North Hennepin Community College Community Connections does not assume responsibility for the quality of services provided by outside agencies or websites listed above. Inclusion on the list does not imply endorsement nor does omission indicate disapproval. This information can be made available in alternate formats by contacting the Access Services Office at 763-493-0555 or by TTY at 763-493-0558*



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