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2024-2025

Apply principles, skills, and methods related to biomechanics, exercise physiology, health promotion,

- Critical and creative thinking - Apply the scientific method to solve problems related to physical activity and health.
- Written and oral communication - Utilize oral and written communication that meets appropriate professional and scientific standards in the field of Kinesiology/Exercise Science.
- Quantitative literacy - Evaluate the effectiveness of human movement using mechanical principles.
- Information literacy - Associate the organic, skeletal, and neuromuscular structures of the human body to psychological factors associated with diverse physical activities.
- Teamwork and problem solving - Work effectively in teams by valuing collaboration, providing service to others, and developing relational techniques for lifelong learning and problem solving.

- Civic knowledge and involvement – campus, local and global Apply exercise science related skills to real-world problems through empirical research, internships, field experience, and/or service learning.
- Intercultural knowledge and competence - Demonstrate leadership and social responsibility to improve quality of life for others and ensure equitable access for diverse groups by creating appropriate environments to initiate and maintain a physically active, healthy

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