

Exercise Science Transfer Pathway

Associate of Science

Semester 1

Course Number	Course Name	Credits	Milestone	Completed
College Writing I	Pick one: ENGL 1200‡ or 1201	4-5	Yes	
EXSC 1250	Wellness for Life	3		

Semester 2 MTH130 Elementary Statistics

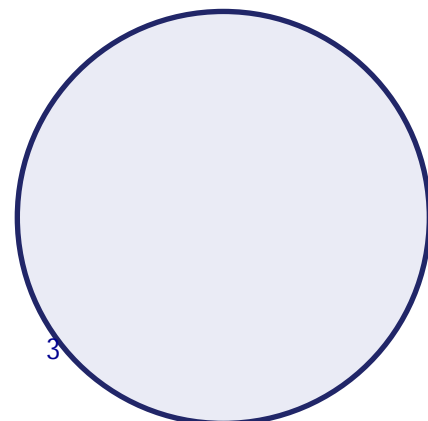
	Foundations of Exercise Science	3	Yes	
CHEM 1010 or CHEM 1061	Introduction to Chemistry or Principles of Chemistry I (see helpful hints)	4	Yes	
COMM 1110	Interpersonal Communication	3		

Semester 4

Course Number	Course Name	Credits	Milestone	Completed
BIOL 1001 or BIOL 1101	Biology I or Principles of Biology I	4	Yes	
PSYC 1150	General Psychology	3		

Semester 5 track and date on time.

Course Number	Course Name	Credits	Milestone	Completed



‡ ENGL 1200 corequisite ‡ENGL 1001- College Writing I Workshop

‡ENGL 1203 corequisite ‡ENGL 1002- College Writing II Workshop

-We have a partnership with Southwest for BS degree

-After completing EXSC 2100 students will sit for the NCSF Certified Personal Trainer national exam to be an official certified personal trainer. After completing EXSC 2150 students will sit for the NCSF Advanced Strength & Conditioning national certification exam, and after EXSC 2270, students will sit for the NCSF Fitness Nutrition Specialist (FN) exam.

